



LEADING EDGE MARTIAL ARTS COVID-19 Re-Opening Plan

LEMA family,

First we want to thank you all for staying #LEMAstrong during this crisis. We have missed you all terribly and can't wait to get back on the mat with all of you. As we begin to re-open our doors, we want to do so as safely as we can and we will be following the CDC recommendations for a slow re-opening. It is important that we follow certain sensible steps to protect ourselves to ensure the safety of others. Please read and familiarize yourself with these important LEMA policies.

On-Site Attendance:

Our class schedule will be modified regularly as we navigate the nuances of re-opening safely focusing on social distancing requirements. We will tweak and change it as we feel fit while following the CDC recommendations. **During re-opening students will be required to take only one class in person per week and use the LEMAonline program for the rest of their classes until further notice.**

- Our regular tuition policies will remain in effect regardless of whether classes are taken in person or online.
- Our LEMAonline program for the foreseeable future as a complement to our in-person classes.
- Class times will be shortened to maximize the number of classes we can offer.
- Students will be required to register for the classes they will be attending using an online registration program. Students will not bring their regular membership cards into class.
- To maximize the number of students we can have in our school at any given time, we will be requiring all family members or caregivers to remain in their cars. **Only students will be permitted in the school.**
- There will be very strict drop off and pick up times for students. Students late for classes will not be permitted inside the school. Students will be permitted to enter the school 5 minutes prior to their class starting. Student pick-up must be immediately following class. Tardiness will not be excused.
- Student rides must remain in the parking lot and may not leave to run errands.
- Students under the age of 13 must be *WALKED* to the front door and may not cross the parking lot without an escort.
- Students are to arrive in uniform and wear only sandals or slides to minimize personal items in the lobby and changing rooms.
- **Students are not to bring gear bags until further notice.**

Personal Hygiene and Social Distancing Expectations:

- Students are required to bring their own masks to class and will not be permitted in the school or on the mat without one.
- Students will have their temperature taken prior to classes and anyone running a temperature will not be allowed to participate.
- Students must thoroughly wash their hands with soap and water for 20 seconds or use antibacterial prior to entering the classroom.
- Social distancing practices will be followed until further notice. This means:
 - 6 feet of space between students. The student dots on the mat are placed six feet apart.
 - We will conduct classes without contact until further notice.

Routine Facility Cleaning:

We will be cleaning, mopping and disinfecting throughout the day. As such:

- Mats will be heavily disinfected before classes begin each day and disinfected before each class. (Cleaning solutions will meet the requirements published by the CDC).
- All touch surfaces will be disinfected repeatedly throughout the day.

General Health and Well-Being

- Everyone must stay home if they are sick including: Staff, Students, Parents
- Please inform us when you travel, where, and for how long. Upon your return from travel you will need to check with a LEMA team member so we can monitor COVID-19 hot spots.
- If you feel you have been exposed to COVID-19, you will be required to follow CDC guidelines and your training will be restricted to online classes until you are cleared to return.

There is currently no vaccine to prevent COVID-19. The best way to prevent transmission of this illness is to avoid being exposed. We can not completely monitor social distancing during martial arts training. Student participation in class means you are accepting the risk of potential proximity to other students, staff, and families at Leading Edge Martial Arts and will not hold LEMA Staff /instructors responsible if exposed to COVID-19.

Sincerely,

Sensei Rob & Team LEMA



Student Name: _____

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/ COVID-19 and Certification

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Leading Edge Karate, Incorporated d/b/a Leading Edge Martial Arts (“Leading Edge Martial Arts”) has put in place preventative measures designed to mitigate the spread of COVID-19 and other infectious diseases; however, **Leading Edge Martial Arts cannot guarantee** that you or your child(ren) will not become infected with COVID-19 or other infectious diseases. Further, **attending Leading Edge Martial Arts and participation in its programs, instruction sessions and events could increase your risk and your child(ren)’s risk of contracting COVID-19 or other infectious diseases.**

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I and my child(ren) may be exposed to or infected by COVID-19 or other infectious diseases by attending Leading Edge Martial Arts and participating in its programs, instruction sessions and events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 or other infectious diseases at Leading Edge Martial Arts may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Leading Edge Martial Arts employees, agents, volunteers, and instruction session, program and event participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my or my child(ren)’s attendance at Leading Edge Martial Arts or participation in Leading Edge Martial Arts instruction sessions, programs and events (“Claims”). On my behalf, and on behalf of my children, and my and my child(ren)’s heirs, assigns and personal representatives, I hereby release, covenant not to sue, discharge, and hold harmless Leading Edge Martial Arts, its employees, agents, representatives, directors and officers, from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes, but is not limited to, any Claims based on the actions, omissions, or negligence of Leading Edge Martial Arts, its employees, agents, representatives, directors and officers, whether a COVID-19 or other infection occurs before, during, or after participation in any Leading Edge Martial Arts instruction session, program or event.

I further certify that I and my child(ren) have not recently tested positive for, and am and are not exhibiting signs of COVID-19, which include a cough, fever, shortness of breath or difficulty breathing, loss of taste or smell, headache, chills, muscle or body aches and/or sore throat. I certify that I do not have a household family member/roommate who has recently tested positive or exhibited the above-referenced symptoms of COVID-19. I certify that I and my child(ren) will not attend Leading Edge Martial Arts if any of the above conditions exist.

Students Name: (Print) _____

Students Signature: _____ Date: _____

If student is under 18 years of age.

Parents Name: (Print) _____

Parents Signature: _____ Date: _____